

Login Subscribe Article Archive

HOME NATION & WORLD OPINION MONEY HEALTH EDUCATION SCIENCE

U.S. NEWS RANKINGS

Home > Science > Shutting Down the Brain with Colors



Boston: Mom Discovers \$3 Whitening Trick Dentists Do NOT want you to know about this teeth whitening secret! Get details...



Boston: Mom Discovers \$3 Whitening Trick Dentists DO NOT want you to know about THIS teeth whitening secret! Get details...

Shutting Down the Brain with Colors

Posted: January 8, 2010



Comment





Communicating Using Brain Waves and a Computer

New technology could allow the speech disabled to communicate with the outside world.



Flies Help Scientists Explain Human Aggression

Researchers analyzed a specific pheromone that encouraged aggression.



Identifying Chemical that Attracts Mosquitoes

Mosquitoes seem to find humans irresistible. Now scientists may know why.

ADVERTISEMENT



(1) Trick to WHITE Teeth Learn the trick, discovered by a mom to turn yellow teeth white for under \$5.

Ads by Adblade ™

Learn more



#1 Rule to Build Muscle
Learn how a student gained 10 lbs. of
muscle by obeying this one rule. Learn



(1) Trick to WHITE Teeth
Learn the trick, discovered by a mom to
turn yellow teeth white for under \$5.
Learn more

SCIENCE DISCOVERIES



MOST VIEWED

_ MOST_

1 of 3





View a view interview (clip1, clip2, clip3, clip4, clip5) with Edward Boyden of MIT.

Neuroscientists at the Massachusetts Institute of Technology have developed a powerful new class of tools to reversibly shut down brain activity using different colors of light. When targeted to specific neurons, they could potentially lead to new treatments for abnormal brain activity associated with disorders including chronic pain, epilepsy, brain injury and Parkinson's disease.

Such disorders could best be treated by silencing, rather than stimulating abnormal brain activity. These new tools, or 'super silencers,' exert exquisite control over the timing in which overactive neural circuits are shut down--an effect that is not possible with existing drugs or other conventional therapies.

The National Science Foundation's division of mathematical sciences supports the research through a grant to the *Cognitive Rhythms Collaborative*, which is comprised of four research groups in the Boston area focused on questions in neuroscience. The collaborative brings together researchers with expertise ranging from experimental design to mathematical modeling. The research paper, "High-Performance Genetically-Targetable Optical Neural Silencing by Light-Driven Proton Pumps," appears in the Jan. 7 issue of the journal *Nature*.

"Silencing different sets of neurons with different colors of light allows us to understand how they work together to implement brain functions," explains Ed Boyden, senior author of the study. "Using these new tools, we can look at two neural pathways and study how they compute together," he says.

The tools promise to help researchers understand how to control neural circuits, leading to new understandings and treatments for brain disorders. Boyden, the Benesse Career Development Professor in the MIT Media Lab and an associate member of the McGovern Institute for Brain Research at MIT, calls brain disorders "some of the biggest unmet medical needs in the world."

Boyden's 'super silencers' derive from two genes found in different natural organisms such as bacteria and fungi. These genes, referred to as Arch and Mac, are light-activated proteins that help the organisms make energy. When Arch and Mac are placed within neurons, researchers can inhibit their activity by shining light on them. Light activates the proteins, which lowers the voltage in the neurons and safely and effectively prevents them from firing. Arch is specifically sensitive to yellow light, while Mac is activated with blue light.

"In this way the brain can be programmed with different colors of light to study and possibly correct the corrupted neural computations that lead to disease," explains co-author Brian Chow, postdoctoral associate in Boyden's lab.

"Multicolor silencing dramatically increases the complexity with which you can study neural circuits," says co-author Xue Han, another postdoctoral researcher in Boyden's lab. "We will use these tools to parse out the neural mechanisms of cognition."

Determining whether Arch and Mac are safe and effective in monkeys will be a critical next step towards the potential use of these optical silencing tools in humans. Boyden plans to use these 'super silencers' to examine the neural circuits of cognition and emotion and to find targets in the brain that, when shut down, could relieve pain and treat epilepsy.

- Washington Whispers: 10 Keys to an Obama Comeback
- 2. America's Best High Schools: Gold Medal List
- 3. World's Best Universities: Top 200
- 4. The 50 Best Careers of 2010
- **5.** Washington Whispers: Terror Chief Was on the Job

SUBSCRIBE

U.S. News Digital Weekly

A weekly insider's guide to politics and policy — in a multimedia, digital format. 52 issues for \$19.95!

U.S. News & World Report

6 months of *U.S. News & World Report's* print edition for only \$15. Save up to 67% off the cover price!

Subscribe Now

2 of 3 1/9/2010 1:52 PM

Share Comment

Add Comment **Reader Comments**

Start the discussion! Be the first to comment on this story.

Add Your Though	ts	
Title		
Comment		
3000 characters left		
About You		
Name	Email	State -
ADD COMMENT		

ADVERTISEMENT

Ads by Pulse 360

\$36/hour Work

Online job. No scam. Realistic \$36 per hour. No schedule. Nice pay. www.PittsburghTimesNews.com

Get listed here

EDITORS' PICKS

MONEY »



Slideshow: 10 Reasons You Shouldn't Retire

NATION & WORLD »



Photo Gallery: Michelle Obama

EDUCATION »

Putting the 'Student' in Student-Athlete

It's bowl time. Here's how some football student-athletes are making waves in the classroom, even during the busiest time of the season.

HEALTH »



Getting a Good Night's Sleep: **Find Out How**

AUTOS »

US News Best Cars for the Money: 2010

Cars that make the most economic sense — not just when you sign on the dotted line, but for years after.

Home Nation & World Opinion Money Health Education Science Rankings

RSS Contact Us Tools & Widgets Site Map Privacy Policy Masthead Advertise With Us Press Room Subscribe

 $Copyright @ 2010 \ U.S. News \& World \ Report \ LP \ All \ rights \ reserved.$ Use of this Web site constitutes acceptance of our Terms and Conditions of Use and Privacy Policy.

1/9/2010 1:52 PM 3 of 3